



# SPHS Wrestling Schedule 2023-24

Weigh-ins: 5:00pm/ Start time: 5:30pm (Tri) or 6:00pm (Dual) (unless otherwise noted)

| Date           | Day               | Location      | Opponents                                    |
|----------------|-------------------|---------------|--|
| November 18    | Saturday          | Cherryville   | Ironmen Open (Individual)                    |
| November 22    | Wednesday         | Ashbrook      | Tri-County Tournament (Individual)           |
| December 2     | Saturday          | Burns         | Big Dog Invitational (Individual)            |
| December 9     | Saturday          | Olympic       | Al Kessie Invitational (Individual)          |
| December 12    | Tuesday           | North Gaston  | Cherryville, JM Robinson, & North Gaston     |
| December 16    | Saturday          | Porter Ridge  | Pirate Invitational (Individual)             |
| December 22    | Friday            | Lincolnton    | Reindeer Rumble (Team Tournament)            |
| January 10     | Wednesday         | Stuart Cramer | Stuart Cramer                                |
| January 12     | Friday (5:00p)    | Kings Mtn     | Crest, Forestview, & Kings Mountain          |
| January 17     | Wednesday         | South Point   | Ashbrook, Huss, & North Gaston               |
| January 20     | Saturday          | North Gaston  | Big South Conference Tournament              |
| January 27     | Saturday          | TBD           | 1st Round, NCHSAA Dual Team State Tournament |
| February 9-10  | Friday-Saturday   | Pisgah        | 3A West Regional Tournament                  |
| February 15-17 | Thursday-Saturday | Greensboro    | NCHSAA Individual State Tournament           |

**Head Coach:** John Warren

**Assistant Coach:** Kris Kirtley